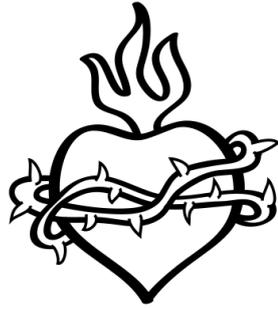


There may now be some brief notices and announcements.



*The Parish of S. Michael and All
Angels
Abbey Wood
5 July 2020*

THE FOURTEENTH SUNDAY OF ORDINARY TIME

The Blessing and Dismissal

The Lord be with you
and also with you.

..... may the blessing of almighty God,
the Father, and the Son, + and the Holy Spirit,
come down on you and remain with you for ever.
Amen.

Go Forth the Mass is ended.
Thanks be to God.

Or:

Go and announce the Gospel of the Lord.
Thanks be to God.

Or:

Go in peace, glorifying the Lord by your life.
Thanks be to God.



*After Mass
please continue to observe Social Distancing.*

The exit from the church is by the SE door.

*If you want to catch up with others you may find
it easier to maintain appropriate distancing by
doing so in the church grounds.*

THE ORDER OF MASS

You are encouraged to print this sheet off at home
and bring it with you to Mass,

Copies will however also be available in church.

Please take all copies which you have used home
with you.

This is to comply with Government Regulations.

*You are welcome, if you wish, to access this sheet by phone or
tablet while you are in church.*

Entrance Antiphon

Your merciful love, O God,
we have received in the midst of your temple.
Your praise, O God, like your name,
reaches the ends of the earth;
your right hand is filled with saving justice.
Cf. Ps 47: 10-11

In the name of the Father, and of the Son + and of
the Holy Spirit.

Amen.

The grace of our Lord Jesus Christ, the love of God
and the communion of the Holy Spirit be with you all
and also with you.

Or:

Grace to you and peace from God our Father
and the Lord Jesus Christ.
and also with you.

Or:

The Lord be with you.
and also with you.

The Priest introduces the Mass.

The Penitential Rite

*We say sorry to God for our sins and seek his forgiveness.
other petitions may also be used.*

You were sent to heal the contrite of heart:
Lord, have mercy. *or* Kyrie, eleison.

Christ, have mercy. Or Christi eleison.

You came to call sinners:

Christ, Lord, have mercy. *or* Kyrie, eleison.

Christ, have mercy. Or Christi eleison.

You are seated at the right hand of the Father to
intercede for us:

Lord, Lord, have mercy. *or* Kyrie, eleison.

Christ, have mercy. Or Christi eleison.

May almighty God have mercy on us,
forgive us our sins,
and bring us to everlasting life. **Amen.**

The Gloria.

**Glory to God in the highest,
and peace to his people on earth.**

**Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.**

**For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.**

The Breaking of Bread and Holy Communion.

As the bread is broken we say.

**Lamb of God, you take away the sins of the world
have mercy on us.**

**Lamb of God, you take away the sins of the world:
have mercy on us.**

**Lamb of God, you take away the sins of the world:
grant us peace.**

*The Priest raises the Host and we prepare ourselves for Holy
Communion.*

Behold the Lamb of God, behold him who takes
away the sins of the world. Blessed are those who
are called to the supper of the Lamb.

**Lord, I am not worthy to receive you,
but only say the word,
and I shall be healed.**

Communion Antiphon

Come to me, all who labour and are burdened,
and I will refresh you, says the Lord. *Mt 11: 28*

The Communion of the Faithful

*Before people come forward to receive the priest holds up the
host and says*

The Body of Christ

Amen.

He elevates the Chalice and says

The Blood of Christ.

Amen.

*Those who are prepared may come forward to receive Holy
Communion .*

*Please follow the directions of the stewards and observe Social
Distancing, you may wish to gel your hands before receiving Holy
Communion.*

Holy Communion will be given in one kind.

*A Prayer to use if you are not receiving Holy
Communion.*

Jesus, you came to live among us, born of the
Virgin Mary. We give you thanks and praise
your holy name.

Jesus, you come to us as we read your story in
the Bible. We give you thanks and praise your
holy name.

Jesus you come to us in the Breaking of
Bread. We give you thanks and praise your
holy name.

Jesus you will come to reign in glory.
We give you thanks and praise your holy
name.

Amen. Come, Lord Jesus.

Adapted from Church Family Worship Book. CPAS ©1986 Jubilate Hymns

The Prayer after Communion

Grant, we pray, O Lord,
that, having been replenished by such great gifts,
we may gain the prize of salvation
and never cease to praise you.
Through Christ our Lord. **Amen.**

become for us the Body and Blood of Christ. We then proclaim the mystery that has happened.

The mystery of faith.

**Dying you destroyed our death,
rising you restored our life:
Lord Jesus, come in glory.**

Or

**Christ has died:
Christ is risen:
Christ will come again.**

Or

**When we eat this bread and drink this cup
we proclaim your death, Lord Jesus,
until you come in glory**

Or

**Lord, by your cross and resurrection
you have set us free.
You are the Saviour of the world.**

The priest continues with the eucharistic prayer bringing before the Father all that Christ does for us by offering the bread and the cup. We make the prayer our own by saying boldly

Amen.

The Lord's Prayer

At the Saviour's command
And formed by divine teaching,
We dare to say

**Our Father, who art in heaven,
hallowed be thy name.**

Thy kingdom come.

**Thy will be done on earth,
as it is in heaven.**

**Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those**

**who trespass against us,
and lead us not into temptation,
but deliver us from evil.**

**For thine is the kingdom,
the power, and the glory
forever and ever. Amen**

The Peace.

Lord Jesus Christ,
who said to your Apostles:
Peace I leave you, my peace I give you,
look not on our sins,
but on the faith of your Church,
and graciously grant her peace and unity
in accordance with your will.

Who live and reign for ever and ever. **Amen.**

The peace of the Lord be with you always.

And also with you.

Currently the exchange of the Sign of Peace is omitted.

The Collect.

O God, who in the abasement of your Son
have raised up a fallen world,
fill your faithful with holy joy,
for on those you have rescued from slavery to sin
you bestow eternal gladness.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the
Holy Spirit, one God, for ever and ever. **Amen**

Sit

First Reading

A reading from the prophet Zechariah

The Lord says this:

Rejoice heart and soul, daughter of Zion!
Shout with gladness, daughter of Jerusalem!
See now, your king comes to you;
he is victorious, he is triumphant,
humble and riding on a donkey,
on a colt, the foal of a donkey.
He will banish chariots from Ephraim
and horses from Jerusalem;
the bow of war will be banished.
He will proclaim peace for the nations.
His empire shall stretch from sea to sea,
from the River to the ends of the earth.

The word of the Lord.

Thanks be to God.

Responsorial Psalm Psalm 144(145):1-2,8-11,13b-14

I will bless your name for ever, O God my King.

I will bless your name for ever, O God my King.

I will give you glory, O God my king,

I will bless your name for ever.

I will bless you day after day

and praise your name for ever.

I will bless your name for ever, O God my King.

The Lord is kind and full of compassion,
slow to anger, abounding in love.

How good is the Lord to all,
compassionate to all his creatures.

I will bless your name for ever, O God my King.

All your creatures shall thank you, O Lord,
and your friends shall repeat their blessing.

They shall speak of the glory of your reign
and declare your might, O God.

I will bless your name for ever, O God my King.

The Lord is faithful in all his words
and loving in all his deeds.

The Lord supports all who fall
and raises all who are bowed down.

I will bless your name for ever, O God my King.

Second Reading

Romans 8:9,11-13

A reading from the letter of S Paul to the Romans

Your interests are not in the unspiritual, but in the spiritual, since the Spirit of God has made his home in you. In fact, unless you possessed the Spirit of Christ you would not belong to him, and if the Spirit of him who raised Jesus from the dead is living in you, then he who raised Jesus from the dead will give life to your own mortal bodies through his Spirit living in you.

So then, my brothers, there is no necessity for us to obey our unspiritual selves or to live unspiritual lives. If you do live in that way, you are doomed to die; but if by the Spirit you put an end to the misdeeds of the body you will live.

The word of the Lord.

Thanks be to God.

The Gospel Acclamation.

Alleluia, alleluia!

Blessed are you, Father,
Lord of heaven and earth,
for revealing the mysteries of the kingdom
to mere children.

Alleluia!

Gospel Reading

The Lord be with you
and also with you.

A reading from the Holy Gospel according to
Matthew

Glory to you, O Lord.

Jesus exclaimed, 'I bless you, Father, Lord of heaven and of earth, for hiding these things from the learned and the clever and revealing them to mere children. Yes, Father, for that is what it pleased you to do. Everything has been entrusted to me by my Father; and no one knows the Son except the Father, just as no one knows the Father except the Son and those to whom the Son chooses to reveal him.

'Come to me, all you who labour and are overburdened, and I will give you rest. Shoulder my yoke and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. Yes, my yoke is easy and my burden light.'

The Gospel of the Lord.

Praise to you, O Christ.

The Sermon.

The Creed

**I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God,
Light from Light,
true God from true God,
begotten, not made,
consubstantial with the Father;
through him all things were made.
For us men and for our salvation he came down
from heaven,**

*At the words that follow, up to and including 'and became man',
all bow.*

**and by the Holy Spirit was incarnate
of the Virgin Mary, and became man.
For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven**

and is seated at the right hand of the Father.

He will come again in glory

to judge the living and the dead

and his kingdom will have no end.

I believe in the Holy Spirit, the Lord,

the giver of life,

who proceeds from the Father and the Son,

**who with the Father and the Son is adored and
glorified,**

who has spoken through the prophets.

I believe in one,

holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins

and I look forward to the resurrection of the dead

and the life of the world to come. Amen.

The Prayers of the Faithful. *If not omitted.*

Lord hear us

Lord Graciously hear us.

The Offertory

The Altar is prepared and our gifts of bread and wine are offered.

*We then offer our gifts and prepare ourselves to offer the sacrifice
of the Mass.*

Pray, brethren,

that our sacrifice may be acceptable to God,
the almighty Father

May the Lord accept the sacrifice at your hands

for the praise and glory of his name,

for our good,

and the good of all his holy Church.

May this oblation dedicated to your name

purify us, O Lord,

and day by day bring our conduct

closer to the life of heaven.

Through Christ our Lord. **Amen.**

The Eucharistic Prayer.

*This is the holiest part of Mass, now we celebrate Christ's death
and resurrection, in the way that he commanded at his last
supper.*

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right to give him thanks and praise.

The Priest continues with the Preface..

Holy, holy, holy Lord,

God of power and might,

heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes

in the name of the Lord.

Hosanna in the highest.

*The priest does and says what Jesus commanded at the last
supper. Through the power of the Holy Spirit, the Bread and Wine*