

Sunday 20 September 2020

Morning Prayer (Lauds)

O God, come to our aid.

O Lord, make haste to help us.

Glory be to the Father and to the Son
and to the Holy Spirit,
**as it was in the beginning,
is now, and ever shall be,
world without end.
Amen. Alleluia.**

Hymn

Transcendent God in whom we live,
The Resurrection and the Light,
We sing for you a morning hymn
To end the silence of the night.

When early cock begins to crow
And everything from sleep awakes,
New life and hope spring up again
While out of darkness colour breaks.

Creator of all things that are,
The measure and the end of all,
Forgiving God, forget our sins,
And hear our prayer before we call.

Praise Father, Son and Holy Ghost,
Blest Trinity and source of grace,
Who call us out of nothingness
To find in you our resting-place.

Stanbrook Abbey Hymnal

Psalm 62 (63) Thirsting for God

“Let the man who has put away the deeds of the night watch for God.”

**To you, O God, I keep vigil at dawn, to look upon
your power, alleluia.**

O God, you are my God, for you I long;
for you my soul is thirsting.
My body pines for you
like a dry, weary land without water.
So I gaze on you in the sanctuary
to see your strength and your glory.

For your love is better than life,
my lips will speak your praise.

So I will bless you all my life,
in your name I will lift up my hands.
My soul shall be filled as with a banquet,
my mouth shall praise you with joy.

On my bed I remember you.
On you I muse through the night
for you have been my help;
in the shadow of your wings I rejoice.
My soul clings to you;
your right hand holds me fast.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.
Amen.

**To you, O God, I keep vigil at dawn, to look upon
your power, alleluia.**

Canticle

Daniel 3:57-88,56

All creatures, bless the Lord

“Praise our God, all you his servants” (Rev 19:5).

**The three sang with one voice in the heart of the
fire: Blessed be God, alleluia.**

O all you works of the Lord, O bless the Lord.
To him be highest glory and praise for ever.

And you, angels of the Lord, O bless the Lord.
To him be highest glory and praise for ever.

And you, the heavens of the Lord, O bless the Lord.
And you, clouds of the sky, O bless the Lord.
And you, all armies of the Lord, O bless the Lord.
To him be highest glory and praise for ever.

And you, sun and moon, O bless the Lord.
And you, the stars of the heavens, O bless the Lord.
And you, showers and rain, O bless the Lord.
To him be highest glory and praise for ever.

And you, all you breezes and winds, O bless the
Lord.

And you, fire and heat, O bless the Lord.
And you, cold and heat, O bless the Lord.
To him be highest glory and praise for ever.

And you, showers and dew, O bless the Lord.
And you, frosts and cold, O bless the Lord.
And you, frost and snow, O bless the Lord.

To him be highest glory and praise for ever.

And you, night-time and day, O bless the Lord.
And you, darkness and light, O bless the Lord.
And you, lightning and clouds, O bless the Lord.
To him be highest glory and praise for ever.

O let the earth bless the Lord.
To him be highest glory and praise for ever.

And you, mountains and hills, O bless the Lord.
And you, all plants of the earth, O bless the Lord.
And you, fountains and springs, O bless the Lord.
To him be highest glory and praise for ever.

And you, rivers and seas, O bless the Lord.
And you, creatures of the sea, O bless the Lord.
And you, every bird in the sky, O bless the Lord.
And you, wild beasts and tame, O bless the Lord.
To him be highest glory and praise for ever.

And you, children of men, O bless the Lord.
To him be highest glory and praise for ever.

O Israel, bless the Lord, O bless the Lord.
And you, priests of the Lord, O bless the Lord.
And you, servants of the Lord, O bless the Lord.
To him be highest glory and praise for ever.

And you, spirits and souls of the just, O bless the Lord.
And you, holy and humble of heart, O bless the Lord.
Ananias, Azarias, Mizael, O bless the Lord.
To him be highest glory and praise for ever.

Let us praise the Father, the Son and Holy Spirit:
To you be highest glory and praise for ever.
May you be blessed, O Lord, in the heavens:
To you be highest glory and praise for ever.

The three sang with one voice in the heart of the fire: Blessed be God, alleluia.

Psalm 149 The saints rejoice

“The members of the Church, God’s new people, will rejoice in their king, who is Christ” (Hesychius).

Let Zion’s sons exult in their king, alleluia.

Sing a new song to the Lord,
his praise in the assembly of the faithful.
Let Israel rejoice in its Maker,
let Zion’s sons exult in their king.
Let them praise his name with dancing

and make music with timbrel and harp.

For the Lord takes delight in his people.
He crowns the poor with salvation.
Let the faithful rejoice in their glory,
shout for joy and take their rest.
Let the praise of God be on their lips
and a two-edged sword in their hand,
to deal out vengeance to the nations
and punishment on all the peoples;
to bind their kings in chains
and their nobles in fetters of iron;
to carry out the sentence pre-ordained:
this honour is for all his faithful.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.
Amen.

Let Zion’s sons exult in their king, alleluia.

Short Reading

Apocalypse 7:10,12

Victory to our God, who sits on the throne, and to the Lamb! Praise and glory and wisdom and thanksgiving and honour and power and strength to our God for ever and ever. Amen.

Short Responsory

You are the Christ, the Son of the living God. Have mercy on us.

– **You are the Christ, the Son of the living God.
Have mercy on us.**

You are seated at the right hand of the Father.

– **You are the Christ, the Son of the living God.
Have mercy on us.**

Glory be to the Father and to the Son and to the Holy Spirit.

– **You are the Christ, the Son of the living God.
Have mercy on us.**

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Canticle

Benedictus

The Son of Man did not come to be served but to serve, and to give up his life to redeem many.

Blessed be the Lord, the God of Israel!
He has visited his people and redeemed them.

He has raised up for us a mighty saviour
in the house of David his servant,
as he promised by the lips of holy men,
those who were his prophets from of old.

A saviour who would free us from our foes,
from the hands of all who hate us.
So his love for our fathers is fulfilled
and his holy covenant remembered.

He swore to Abraham our father to grant us,
that free from fear, and saved from the hands of our
foes,
we might serve him in holiness and justice
all the days of our life in his presence.

As for you, little child,
you shall be called a prophet of God, the Most High.
You shall go ahead of the Lord
to prepare his ways before him,

To make known to his people their salvation
through forgiveness of all their sins,
the loving-kindness of the heart of our God
who visits us like the dawn from on high.

He will give light to those in darkness,
those who dwell in the shadow of death,
and guide us into the way of peace.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.

The Son of Man did not come to be served but to serve, and to give up his life to redeem many.

Prayers and intercessions

Let us pray to Christ the Lord, the sun who
enlightens all men, whose light will never fail us:
– **Lord our Saviour, give us life!**

Lord of the sun and the stars, we thank you for the
gift of a new day;
and we celebrate the day of resurrection.

– **Lord our Saviour, give us life!**

Lead us by your Spirit to do your will;
guide and protect us by your wisdom.

– **Lord our Saviour, give us life!**

Bring us to share with joy this Sunday's eucharist;
nourish us by your word, and by your body.

– **Lord our Saviour, give us life!**

Lord, grant us your gifts, though we are unworthy;
with all our hearts we thank you.

– **Lord our Saviour, give us life!**

**Our Father, who art in heaven,
hallowed be thy name.**

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

**Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.**

Almighty, ever-living God,
make us ever obey you willingly and promptly.

Teach us how to serve you
with sincere and upright hearts
in every sphere of life.

Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the
Holy Spirit,
one God, for ever and ever.

Amen.

*If a Priest or Deacon is present the service ends with the
following.*

The Lord be with you

and also with you.

May God almighty bless you,
the Father, the Son, and the Holy Spirit.

Amen.

Go in the peace of Christ.

Thanks be to God.

*If no Priest or Deacon is present or if recitation is on ones own,
the following ending is used.*

The Lord bless us, and keep us from all evil, and
bring us to everlasting life.

Amen.