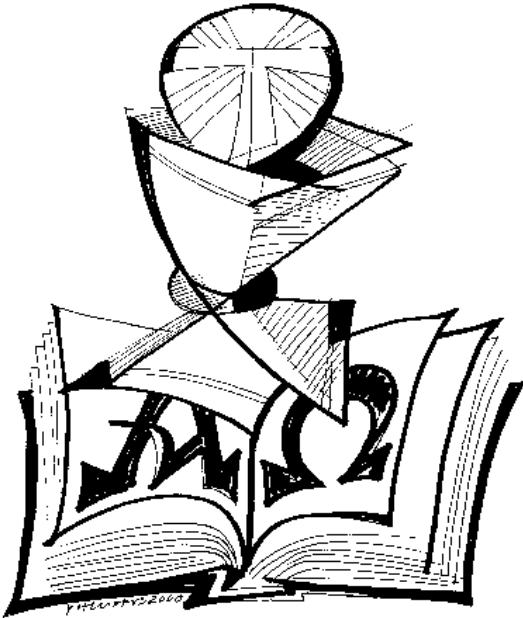


The Parish of S. Michael and All Angels
Abbey Wood

AN ORDER FOR MASS ON WEEKDAYS

Version 1a



You are encouraged to print this sheet off at home and bring it with you to Mass,

Copies will however also be available in church.

Please take all copies which you have used home with you.

This is to comply with Government Regulations.

You are welcome, if you wish, to access this sheet by phone or tablet while you are in church.

**I AM THE
BREAD OF
LIFE**

Entrance Antiphon

Opening Rites

In the name of the Father, and of the Son + and of the Holy Spirit.

Amen.

The grace of our Lord Jesus Christ, the love of God and the communion of the Holy Spirit be with you all
and also with you.

Or:

Grace to you and peace from God our Father and the Lord Jesus Christ.

and also with you.

Or:

The Lord be with you.

and also with you.

The Priest introduces the Mass.

The Penitential Rite

We say sorry to God for our sins and seek his forgiveness. other petitions may also be used.

You were sent to heal the contrite of heart:
Lord, have mercy. *or* Kyrie, eleison.

Christ, have mercy. Or Christi eleison.

You came to call sinners:

Christ, Lord, have mercy. *or* Kyrie, eleison.

Christ, have mercy. Or Christi eleison.

You are seated at the right hand of the Father to intercede for us:

Lord, Lord, have mercy. *or* Kyrie, eleison.

Christ, have mercy. Or Christi eleison.

Or

**I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I have failed to do,
through my fault,
through my fault,
through my most grievous fault;
therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.**

Or

Have mercy on us, O Lord.

For we have sinned against you.

Show us, O Lord, your mercy.

And grant us your salvation.

The Priest then says the Prayer of Absolution.

May almighty God have mercy on us,

forgive us our sins,

and bring us to everlasting life. **Amen.**

The Kyrie *Unless it has been used as part of the Penitential Rite.*

Lord, have mercy. Kyrie eleison
Lord, have mercy. Kyrie eleison
Christ, have mercy. Or Christi eleison.
Christ, have mercy. Christi eleison.
Lord, have mercy. Kyrie eleison
Lord, have mercy. Kyrie eleison

The Gloria.

On Feasts and Solemnities.

**Glory to God in the highest,
and on earth peace to people of good will.**

**We praise you,
we bless you,
we adore you,
we glorify you,
we give you thanks for your great glory,**

**Lord God, heavenly King,
O God, almighty Father.
Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us;
you take away the sins of the world,
receive our prayer;
you are seated at the right hand of the Father,
have mercy on us.**

**For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.**

The Collect.

Sit

First Reading

The word of the Lord.
Thanks be to God.

Responsorial Psalm

(Second Reading) *On some Feasts and on Solemnities.*

The word of the Lord.
Thanks be to God.)

The Gospel Acclamation.

Alleluia, alleluia!

Text of Acclamation.

Alleluia!

Gospel Reading

The Lord be with you
and also with you.
A reading from the Holy Gospel according to N
Glory to you, O Lord.

The Gospel of the Lord.
Praise to you, O Christ.

The Homily

The Creed

On Solemnities

**I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God,
Light from Light,
true God from true God,
begotten, not made,
consubstantial with the Father;
through him all things were made.
For us men and for our salvation he came down from
heaven,
At the words that follow, up to and including 'and became man', all bow.
**and by the Holy Spirit was incarnate
of the Virgin Mary, and became man.
For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.
I believe in the Holy Spirit, the Lord,
the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets.
I believe in one,
holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.****

The Prayers of the Faithful. *If not omitted.*

Lord hear us
Lord Graciously hear us.

Or

Lord in your mercy
Hear our Prayer.

The Offertory

*The Altar is prepared and our gifts of bread and wine are offered.
If the Offertory Prayers are said out loud the following response is used,*

Blessed be God forever.

We then offer our gifts and prepare ourselves to offer the sacrifice of the Mass.

Pray, brethren,
that our sacrifice may be acceptable to God,
the almighty Father
**May the Lord accept the sacrifice at your hands
for the praise and glory of his name,
for our good,
and the good of all his holy Church.**

The Prayer over the Offerings

The Eucharistic Prayer.

This is the holiest part of Mass, now we celebrate Christ's death and resurrection, in the way that he commanded at his last supper.

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right to give him thanks and praise.

The Priest continues with the Preface..

Holy, holy, holy Lord,

God of power and might,

heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes

in the name of the Lord.

Hosanna in the highest.

Kneel

The priest does and says what Jesus commanded at the last supper. Through the power of the Holy Spirit, the Bread and Wine become for us the Body and Blood of Christ. We then proclaim the mystery that has happened.

The mystery of faith.

Dying you destroyed our death,

rising you restored our life:

Lord Jesus, come in glory.

Or

Christ has died:

Christ is risen:

Christ will come again.

Or

When we eat this bread and drink this cup

we proclaim your death, Lord Jesus,

until you come in glory

Or

Lord, by your cross and resurrection

you have set us free.

You are the Saviour of the world.

The priest continues with the eucharistic prayer bringing before the Father all that Christ does for us by offering the bread and the cup. We make the prayer our own by saying boldly

Amen.



The Lord's Prayer

At the Saviour's command

And formed by divine teaching,

We dare to say

**Our Father, who art in heaven,
hallowed be thy name.**

Thy kingdom come.

**Thy will be done on earth,
as it is in heaven.**

**Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those**

**who trespass against us,
and lead us not into temptation,
but deliver us from evil.**

Deliver us, Lord, we pray, from every evil,
graciously grant peace in our days,
that, by the help of your mercy,
we may be always free from sin
and safe from all distress,
as we await the blessed hope
and the coming of our Saviour, Jesus Christ.

**For the kingdom,
the power and the glory are yours
now and for ever.**

The Peace.

Lord Jesus Christ,

who said to your Apostles:

Peace I leave you, my peace I give you,

look not on our sins,

but on the faith of your Church,

and graciously grant her peace and unity
in accordance with your will.

Who live and reign for ever and ever. **Amen.**

The peace of the Lord be with you always.

And also with you.

Currently the exchange of the Sign of Peace is omitted.



The Breaking of Bread and Holy Communion.

As the bread is broken we say.

**Lamb of God, you take away the sins of the world
have mercy on us.**

**Lamb of God, you take away the sins of the world:
have mercy on us.**

**Lamb of God, you take away the sins of the world:
grant us peace.**

The Priest raises the Host and we prepare ourselves for Holy Communion.

Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those who are called to the supper of the Lamb.

**Lord, I am not worthy to receive you,
but only say the word,
and I shall be healed.**

Or

**Lord, I am not worthy
that you should enter under my roof,
but only say the word and my soul shall be healed.**

Communion Antiphon

The Communion of the Faithful

If Holy Communion is to be given during Mass, before people come forward to receive the priest holds up the host and says

The Body of Christ

Amen.

(He may elevate the Chalice and say

The Blood of Christ.

Amen.)

Those who are prepared may come forward to receive Holy Communion.

Please observe Social Distancing, you may wish to gel your hands before receiving Holy Communion.

Holy Communion will be given in one kind.

The Prayer after Communion

The Blessing and Dismissal

The Lord be with you
and also with you.

..... may the blessing of almighty God,
the Father, and the Son, + and the Holy Spirit,
come down on you and remain with you for ever.
Amen.

Go Forth the Mass is ended.

Thanks be to God.

Or:

Go and announce the Gospel of the Lord.
Thanks be to God.

Or:

Go in peace, glorifying the Lord by your life.
Thanks be to God.

Or:

Go in peace.
Thanks be to God.

After Mass

please continue to observe Social Distancing.

The exit from the church is by the SE door.

If you want to catch up with others you may find it easier to maintain appropriate distancing by doing so in the church grounds.

HOLY COMMUNION OUTSIDE MASS.

A reading from scripture may be read

The Lords Prayer may be said. This may be omitted if Mass has immediately proceeded.

**Our Father, who art in heaven,
hallowed be thy name.**

Thy kingdom come.

**Thy will be done on earth,
as it is in heaven.**

**Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those
who trespass against us,
and lead us not into temptation,
but deliver us from evil.**

The Priest or minister shows us the host, T

Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those who are called to the supper of the Lamb.

**Lord, I am not worthy to receive you,
but only say the word,
and I shall be healed.**

Or

**Lord, I am not worthy
that you should enter under my roof,
but only say the word and my soul shall be
healed.**

The priest holds up the host and says

The Body of Christ

Amen.

He may elevate the Chalice and say

The Blood of Christ.

Amen.

Those who are prepared receive Holy Communion.

A Prayer after Communion follows.

The Lord be with you
and also with you.

..... may the blessing of almighty God,
the Father, and the Son, + and the Holy Spirit,
come down on you and remain with you for ever.
Amen.