

The Parish of S. Michael and All
Angels

Abbey Wood

30 August 2020

The Twenty Second Sunday in Ordinary Time

THE ORDER OF MASS



You are encouraged to print this sheet off at home and bring it with you to Mass,

Some copies will however also be available in church.

Please take all copies which you have used home with you.

You are welcome, if you wish, to access this sheet by phone or tablet while you are in church. But please put them on silent if you do so,

Currently our Mass takes a slightly different form as we are following the regulations and guidance regarding Covid 19. The guidance at the moment forbids congregational singing and we also have laid out our church in accordance with it, so that everyone is as safe as possible.

**By law you must wear a Face Covering
while in Church**

Entrance Antiphon

Have mercy on me, O Lord, for I cry to you all the day long.
O Lord, you are good and forgiving,
full of mercy to all who call to you.

Miserere mihi. Ps 85: 3, 5

In the name of the Father, and of the Son + and of the Holy Spirit.

Amen.

The grace of our Lord Jesus Christ, the love of God and the communion of the Holy Spirit be with you all
and also with you.

Or:

Grace to you and peace from God our Father and the Lord Jesus Christ.
and also with you.

Or:

The Lord be with you.
and also with you.

The Priest introduces the Mass.

The Penitential Rite

We say sorry to God for our sins and seek his forgiveness. other petitions may also be used.

You were sent to heal the contrite of heart:

Lord, have mercy. *or* Kyrie, eleison.

Christ, have mercy. Or Christi eleison.

You came to call sinners:

Christ, Lord, have mercy. *or* Kyrie, eleison.

Christ, have mercy. Or Christi eleison.

You are seated at the right hand of the Father to intercede for us:

Lord, Lord, have mercy. *or* Kyrie, eleison.

Christ, have mercy. Or Christi eleison.

May almighty God have mercy on us,
forgive us our sins,
and bring us to everlasting life. **Amen.**

The Gloria.

**Glory to God in the highest,
and peace to his people on earth.**

**Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:**

have mercy on us;

**you are seated at the right hand of the Father:
receive our prayer.**

**For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.**

The Collect.

God of might, giver of every good gift,
put into our hearts the love of your name,
so that, by deepening our sense of reverence,
you may nurture in us what is good
and, by your watchful care,
keep safe what you have nurtured.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the
Holy Spirit, one God, for ever and ever.
Amen

Sit

First Reading

Jeremiah 20:7-9

The word of the Lord has meant insult for me

You have seduced me, Lord, and I have let myself be seduced;
you have overpowered me: you were the stronger.
I am a daily laughing-stock,
everybody's butt.
Each time I speak the word, I have to howl
and proclaim: 'Violence and ruin!'
The word of the Lord has meant for me
insult, derision, all day long.
I used to say, 'I will not think about him,
I will not speak in his name any more.'
Then there seemed to be a fire burning in my heart,
imprisoned in my bones.
The effort to restrain it wearied me,
I could not bear it.

The word of the Lord.

Thanks be to God.

Responsorial Psalm

Psalm 62(63):2-6,8-9

For you my soul is thirsting, O Lord my God.

For you my soul is thirsting, O Lord my God.

O God, you are my God, for you I long;
for you my soul is thirsting.
My body pines for you
like a dry, weary land without water.

For you my soul is thirsting, O Lord my God.

So I gaze on you in the sanctuary
to see your strength and your glory.
For your love is better than life,
my lips will speak your praise.

For you my soul is thirsting, O Lord my God.

So I will bless you all my life,
in your name I will lift up my hands.
My soul shall be filled as with a banquet,
my mouth shall praise you with joy.

For you my soul is thirsting, O Lord my God.

For you have been my help;
in the shadow of your wings I rejoice.
My soul clings to you;
your right hand holds me fast.

For you my soul is thirsting, O Lord my God.

Second Reading

Romans 12:1-2

Offer your bodies as a living sacrifice

Think of God's mercy, my brothers, and worship him, I beg you, in a way that is worthy of thinking beings, by offering your living bodies as a holy sacrifice, truly pleasing to God. Do not model yourselves on the behaviour of the world around you, but let your behaviour change, modelled by your new mind. This is the only way to discover the will of God and know what is good, what it is that God wants, what is the perfect thing to do.

The word of the Lord.

Thanks be to God.

The Gospel Acclamation. *Stand*

Alleluia, alleluia!

May the Father of our Lord Jesus Christ
enlighten the eyes of our mind,
so that we can see what hope his call holds for us.

Alleluia!

Gospel Reading

The Lord be with you
and also with you.

A reading from the Holy Gospel according to
Matthew.

Glory to you, O Lord.

Matthew 16:21-27

'Get behind me, Satan!'

Jesus began to make it clear to his disciples that he was destined to go to Jerusalem and suffer grievously at the hands of the elders and chief priests and scribes, to be put to death and to be raised up on the third day. Then, taking him aside, Peter started to remonstrate with him. 'Heaven preserve you, Lord,' he said 'this must not happen to you.' But he turned and said to Peter, 'Get behind me, Satan! You are an obstacle in my path, because the way you think is not God's way but man's.'

Then Jesus said to his disciples, 'If anyone wants to be a follower of mine, let him renounce himself and take up his cross and follow me. For anyone who wants to save his life will lose it; but anyone who loses his life for my sake will find it. What, then, will a man gain if he wins the whole world and ruins his life? Or what has a man to offer in exchange for his life?

'For the Son of Man is going to come in the glory of his Father with his angels, and, when he does, he will reward each one according to his behaviour.'

The Gospel of the Lord.

Praise to you, O Christ.

The Sermon.

The Creed *Stand.*

**I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God,
Light from Light,
true God from true God,
begotten, not made,
consubstantial with the Father;
through him all things were made.**

For us men and for our salvation he came down from heaven,

At the words that follow, up to and including 'and became man', all bow.

and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

The Prayers of the Faithful. *Please remain standing.*

Lord in your mercy
Hear our prayer.

The Offertory

The Altar is prepared and our gifts of bread and wine are offered.

We then offer our gifts and prepare ourselves to offer the sacrifice of the Mass. Please stand to say

Pray, brethren,
that our sacrifice may be acceptable to God,
the almighty Father
**May the Lord accept the sacrifice at your hands
for the praise and glory of his name,
for our good,
and the good of all his holy Church.**

May this sacred offering, O Lord,
confer on us always the blessing of salvation,
that what it celebrates in mystery
it may accomplish in power.
Through Christ our Lord. **Amen.**



Please remain standing for the whole of the Eucharistic Prayer.

The Eucharistic Prayer.

This is the holiest part of Mass, now we celebrate Christ's death and resurrection, in the way that he commanded at his last supper.

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right to give him thanks and praise.

The Priest continues with the Preface.

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes
in the name of the Lord.
Hosanna in the highest.**

The priest does and says what Jesus commanded at the last supper. Through the power of the Holy Spirit, the Bread and Wine become for us the Body and Blood of Christ. We then proclaim the mystery that has happened.

The mystery of faith.

**Dying you destroyed our death,
rising you restored our life:
Lord Jesus, come in glory.**

Or

**Christ has died:
Christ is risen:
Christ will come again.**

Or

**When we eat this bread and drink this cup
we proclaim your death, Lord Jesus,
until you come in glory**

Or

**Lord, by your cross and resurrection
you have set us free.
You are the Saviour of the world.**

The priest continues with the eucharistic prayer bringing before the Father all that Christ does for us by offering the bread and the cup. We make the prayer our own by saying boldly

Amen.



The Lord's Prayer *Please remain standing.*

At the Saviour's command and formed by divine teaching, we dare to say

**Our Father, who art in heaven,
hallowed be thy name.**

Thy kingdom come.

**Thy will be done on earth,
as it is in heaven.**

**Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those
who trespass against us,
and lead us not into temptation,
but deliver us from evil.**

**For thine is the kingdom, the power, and the glory
forever and ever. Amen**

The Peace.

Lord Jesus Christ,
who said to your Apostles:
Peace I leave you, my peace I give you,
look not on our sins,
but on the faith of your Church,
and graciously grant her peace and unity
in accordance with your will.
Who live and reign for ever and ever. **Amen.**

The peace of the Lord be with you always.

And also with you.

Currently the exchange of the Sign of Peace is omitted.

The Breaking of Bread and Holy Communion.

As the bread is broken we say.

**Lamb of God, you take away the sins of the world
have mercy on us.**

**Lamb of God, you take away the sins of the world:
have mercy on us.**

**Lamb of God, you take away the sins of the world:
grant us peace.**

The Priest raises the Host and we prepare ourselves for Holy Communion.

Behold the Lamb of God, behold him who takes
away the sins of the world. Blessed are those who
are called to the supper of the Lamb.

**Lord, I am not worthy to receive you,
but only say the word,
and I shall be healed.**

Communion Antiphon

Blessed are the peacemakers,
for they shall be called children of God.
Blessed are they who are persecuted for the sake of
righteousness,
for theirs is the kingdom of heaven. *Mt 5: 9-10*

The Communion of the Faithful

*Before people come forward to receive the priest holds up the
host and says*

The Body of Christ
Amen.

*Those who are prepared may come forward to receive Holy
Communion. Holy Communion will be given in one kind.
Please follow the directions of the stewards and observe Social
Distancing, you should gel your hands and remove or lower your
Face Covering before receiving Holy Communion.*

*A Prayer before the Sacrament to use if you are not
receiving Holy Communion.*

The Prayer of Oblation

Lord and heavenly Father,
we offer you through your dear Son Jesus Christ
this our sacrifice of praise and thanksgiving.
Grant that by his merits and death,
and through faith in his blood,
we and all your Church may receive forgiveness
of our sins and all other benefits of his passion.
And here we offer and present to you, O Lord,
ourselves, our souls and our bodies,
to be a reasonable, holy and living sacrifice;
fill us all who share in this Eucharist
with your grace and heavenly blessing.
Although we are unworthy, through our manifold
sins, to offer you any sacrifice,
yet we pray that you will accept this
the duty and service that we owe.
Do not weigh our merits, but pardon our
offences, through Jesus Christ our Lord,
by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father,
for ever and ever. Amen.

*Adapted from Common Worship, after the Book of Common Prayer
1549, 1662.*

The Prayer after Communion

Renewed by this bread from the heavenly table,
we beseech you, Lord,
that, being the food of charity,
it may confirm our hearts
and stir us to serve you in our neighbour.
Through Christ our Lord. **Amen.**

There may now be some very brief notices and announcements.

The Blessing and Dismissal

The Lord be with you
and also with you.
..... may the blessing of almighty God,
the Father, and the Son, + and the Holy Spirit,
come down on you and remain with you for ever.
Amen.

Go Forth the Mass is ended.

Thanks be to God.

Or:

Go and announce the Gospel of the Lord.

Thanks be to God.

Or:

Go in peace, glorifying the Lord by your life.

Thanks be to God.

*After Mass please continue to observe Social Distancing. The exit from
the church is only by **the SE door**. Don't forget to take any service and
notice sheets you have used home with you. If you want to catch up with
others it is best to do this outside in the church grounds. and where the
Clergy will also greet you.*